

<u>BREAKFAST</u>	
Yoghurt	1.30
Bowl of Cereal—Sultana Bran or Blackcurrant Mini	
Wheats including milk & spoon	3.00
Soy Milk (cup)	1.00
Fruit Juice	1.50
Fresh Fruit	.70
Apple Slinky	.90
<u>LUNCH PACK</u>	
Sandwich, drink, fruit, muffin	5.00
Half sandwich, drink, fruit and fruit cup	5.00
Lavash, juice, fruit cup and muffin	5.00
Half lavash, juice and fruit cup	5.00
<u>LAVASH</u> (Wraps)	
Cheese & Salad	3.50
Salad	3.50
Ham & Cheese	3.50
Chicken & Salad	3.50
Half Lavash	2.00
<u>TOASTED LAVASH</u>	
Ham & Cheese	3.70
Chicken & Cheese with Salad	3.70
<u>SANDWICHES & FOCCACIAS</u>	
Ham, chicken, egg, tuna or salmon	3.50
(with salad)	3.70
Salad	3.50
Foccacia with above fillings	3.70
(with salad)	3.90
<u>JAFFLES</u>	
Sweet corn	3.00
Baked Beans	3.00
Egg	3.00
Spaghetti	3.00
<u>DRINKS</u>	
Milk (Dairy Farmers—All milks are low fat)	
Moove - Chocolate, banana & strawberry	1.50
Oak lite - Chocolate, plain & soy	1.50
Sipahh milk flavouring straws	.70
Juice (125ml)	
Apple & Mango	1.50
Orange	1.50
Tropical	1.50
Apple & Blackcurrant	1.50
Bottled water	1.40
Slush puppy	1.50

<u>PIES</u> (All salt reduced & low fat)	
Snack Pies	1.10
Big Pies	2.80
Sausage rolls	2.20
Spinach & ricotta rolls	2.70
<u>PASTA</u>	
Lasagne	3.00
Spaghetti	3.00
Vegetarian lasagne	3.20
Macaroni Bake	3.00
Fried Rice	3.50
<u>BURGERS</u>	
Hamburgers (diet mince is used)	3.50
Chicken burgers (lettuce & mayo)	3.50
<u>BAKED POTATO TOPPINGS</u>	
Cheese	3.50
Coleslaw	3.50
Sour Cream	3.50
Baked Beans	3.50
Salad	3.50
Nachos (Salsa, lettuce & sour cream)	3.50
Wedges	3.00
Chicken wings	1.00
Corn cobs	1.00
Pizza rounders	2.50
<u>EXTRAS</u>	
Assorted ice blocks, nothing over \$1.00	
Frozen mango	2.00
Frozen yoghurt	1.40
Frozen orange segments	.20
Fresh fruit salad in warmer months	3.00
Fruit salad & custard	2.50
Jelly & custard	1.50
SPC fruit cups (Fruit salad, Peach & mango, tropical & two fruits)	1.50
<u>SNACKS</u>	
Milo bars	1.50
Fruit juice straps	1.00
Mother earth popcorn	1.50
Plain chips	1.00
Muffins	.70
Jelly fruit drops	.30
<u>SUSHI</u> (Friday only)	
Large	4.50
Small	3.50
Paper bag	.05

All tuckshop orders need to be in a paper bag with your child's name, class and the order written on the front. The tuckshop needs volunteer helpers to make it a success and provide a service for the students and staff, if you can spare any time between Monday & Friday 8:30 to 11:30 it would be greatly appreciated. Uniform & Stationary hours are Wednesday to Friday 8:30 to 9:00. Phone 4055 0106



**CARAVONICA STATE SCHOOL
TUCKSHOP MENU
TERM 1 2007**

**TUCKSHOP HOURS
8:30AM TO 11:15AM
MONDAY TO FRIDAY**

**THIS MENU IS SERVED ONLY IN THE LUNCH BREAK AT 11:00AM. PLACE THE
STUDENTS ORDER IN A PAPER BAG.**